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Center for Forskning i Patientinvolvering

December 14th 2022		12:30 – 13:35
Time		Topic Presenter
12:30 PM - 12:35 PM	1.Welcome	Lotte Ørneborg Rodkjær
		Associate Professor & Deputy Lead ResCenPI
12:35 PM – 13:25 PM	2. Presentation & discussion	Hanne Irene Jensen, Professor, PhD Nurse, Vejle Hospital, and Anne Sophie Ågård, Clinical Specialist, PhD, Nurse, Aarhus University Hospital

Discussing patient preferences for levels of life-sustaining treatment - The POLST project

According to Dansk Palliativ Database (DPD), specialised palliative care was administered to 48 % of cancer patients in 2020 and 47 % of cancer patients in 2021, whereas only 2 % and 3 % of all other patients were given specialised palliative care in 2020 and 2021, respectively.

The aim of the POLST project was threefold:

- Aim 1: To develop and test a Danish version of a POLST form
- Aim 2: To get user perspectives on the POLST form
- Aim 3: To get patients', physicians' and relatives' perspectives on decision-making conversations

According to the original POLST project, doctors aim at identifying patients that can be expected to die within 6-12 months, they listen to the patients' wishes and make decisions together with these patients in three areas:

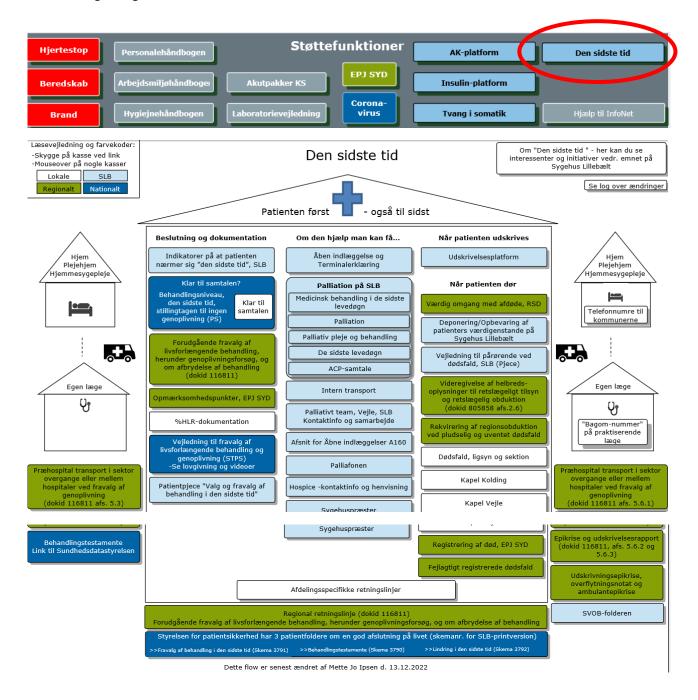
- 1. Does the patient want resuscitation attempts?
- 2. What level of treatment does the patient want?
- 3. What about the administration of artificial nutrition?

The Danish legal system does not yet allow patients to renounce the administration of resuscitation attempts. However, a change of the Danish legal system is on the way.

The main findings of the Danish POLST project support the three aims of the original POLST project:

- A POLST model is useable to discuss and document patients' wishes regarding life-sustaining treatment
- Patients, physicians and relatives find that having a conversation about levels of life-sustaining treatment is valuable

As a result of Hanne Irene Jensens work in the POLST project, a website has been developed at Sygehus Lillebælt regarding end-of-life care:



13:25 PM - 13:35 PM

3. Other announcements

Hilary L. Bekker & Lotte Ørneborg Rodkjær

Hilary L. Bekker announced that the newsletter with info about the next conference from April 25th-

26th of 2023 will be sent out in the beginning of next week.

Also, Hilary congratulated Pernille Pennington on securing a permanent position with the hospital management at AUH and thanked her for all the work she has done for the centre.